

	TECHNICAL DATA SHEET	Code: M4U-001
		Version: 001
		Date: 3th Jan 2025

PRODUCT INFORMATION

Product:	IQF Precooked green plantain toston
Brand:	
Process:	Reception of raw material, cleaning and disinfection, peeled, cooked, molded or natural explosion, cooling, freezing, selection, freezing, packaging, storage, shipment.
Ingredients:	Plantain
Source of raw material:	Urabá
Allergens:	None
Intended use:	Ready to heat (fryer, oven, microwave), Consume as side dish.
Shelf life:	12 months frozen (-18°C)
Storage:	Frozen at -18°C
Distributions:	Transport suitable for temperature at -18°C

STOWED INFORMATION

Stowed	Contenedor 40 ft				Destination
	Total Boxes	Boxes/ Pallet	Total Pallets	Net Weight (lb)	
Pallet	2160	108	20	51.840	

COOKING INSTRUCCIONS

Deep Fryer:	In a skillet or deep pot, at 185°C (375 °F), preheat enough oil to barely cover the tostones. Fry for four minutes, turning occasionally or until golden brown. Drain on paper towel. FOR BEST RESULTS : do not defrost before cooking.
Air Fryer:	Add 1/2 tbsp of oil (for 300 - 800 grams of tostones). Set temperature to 205°C (400°F), fry for 20 - 25 minutes. Shake sporadically. Smaller amounts of tostones will require less oil and time to prepare. FOR BEST RESULTS : do not defrost before cooking.

MICROBIOLOGICAL & CHEMICAL INFORMATION

	A. mesophiles	E. coli	Listeria M	F. coliforms	Salmonella Spp	
Microbiological	1x10 ⁶ cfu/g	Negative	Negative	≤10 cfu/g	Negative.	S. aureus
Chemical	Pesticides		Heavy Metals			H
	According to the limits of pesticides in Food CODEX 32 meeting		Arsenic, lead, cadmium, mercury, copper, according to the limits of pollutants CODEX STAN 193-1995			

PACKAGE INFORMATION

Case pack:	8 x 2.5 lb
Net weight pack:	20 lb (0,071kg)
Production Code:	PRO: DD/MM/YYYY EXP: DD/MM/YYYY LOT: 000 0120
BAG	
Bag type/Material:	Low density polyethylene. Thickness 2,5μ
CASE	
Material:	Kraft carton / Corrugado C/

PRODUCT SPECIFICATIONS

Color:	Yellow
Thickness:	0,75 – 1 cms
Diameter:	8 – 10 cms
Unit Weight:	30 - 40 gr
Unit per bag:	27 – 38 pieces
Net weight bag:	2 Lbs, 0,908 kg / 32 oz
Flavor:	Characteristic flavor of green plantain
Smell:	Characteristic smell of sweet plantain
Consistency:	Tender
Brix:	Process: 5° - 8°
Uniformity:	1,5%

PRODUCT DEFECTS

Kind	Definition	Unit of measure	Tolerance
Raw:	Little sections of the slices uncooked	%	10%
Cumpled:	Two slices cumpled together		
Soft:	Soft plantain		
Broken:	Incomplete ripe plantain		

Nutrition Facts/ Información Nutricional	
Serving per container / Porciones por envase: Aprox. 5	
Serving size 2 unit / tamaño por porción 2 unidad (120 g /4,2Oz)	
Amount per serving / Cantidad por porción	
Calories / Calorías 320	
% Daily Value* / % Valor Diario*	
Total Fat / Grasa Total 2.5g	4%
Saturated fat / Grasa Saturada 1g	5%
Trans fat / Grasa Trans 0g	
Cholesterol / Colesterol 35 mg	12%
Sodium / Sodio 173mg	0%
Potassium / Potasio 515 mg	11%
Total Carbohydrate / Carbohidratos Totales 75g	25%
Dietary Fiber / Fibra Dietética 5g	20%
Total Sugars / Azúcares Total 0g	0%
Protein / Proteína 0g	0%
Vitamin A / Vitamina A	
Vitamin C / Vitamina C	
Vitamin D / Vitamina D	0%
Calcium / Calcio	8%
Iron / Hierro	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2.000 calories a day is used for general nutrition advice / *El % de Valor Diario (VD) le indica cuánto contribuye un nutriente en una porción de alimentos a una dieta diaria. 2.000 calorías por día se usan para consejos generales de nutrición	

Elaborado por: 	Revisado por: 	Aprobado por:	Fecha Actualización:
Ing. De Alimentos	Departamento de Calidad	Gerencia	1 Feb 2025.