

	TECHNICAL DATA SHEET	Code: M4U-001
		Version: 001
		Date: 3th Jan 2025

PRODUCT INFORMATION

Product:	IQF Precooked sweet whole plantain
Brand:	
Process:	Reception of raw material, cleaning and disinfection, peeled, cooked, cooling, freezing, selection, freezing, packaging, storage, shipment.
Ingredients:	Plantain
Source of raw material:	Urabá
Allergens:	None
Intended use:	Ready to heat (fryer, oven, microwave), Consume as side dish.
Shelf life:	12 months frozen (-18°C)
Storage:	Frozen at -18°C
Distributions:	Transport suitable for temperature at -18°C

STOWED INFORMATION

Stowed	Contenedor 40 ft				Destination
	Total Boxes	Boxes/ Pallet	Total Pallets	Net Weight (lb)	
Pallet	2160	108	20	51.840	

COOKING INSTRUCCIONS

Deep Fryer:	Preheat oil to 350°F (180°C). Place small amount of plantains in fryer. Fry for 2 to 3 minutes or until golden brown. Drain and place on paper towel.
Air Fryer:	Pre heat air fryer to 338°F (170°C). Lay the ripe plantain slices next to each other in a single layer in the basket of the air fryer. Cook for 5 to 6 minutes flipping over halfway through.
Conventional Oven	Preheat oven to 350°F (180°C). Place a layer of frozen plantains on baking tray. Bake for 10 to 15 minutes or until golden brown.
Microwave Oven:	Place plantains on a microwawe safe dish. Set microwave on high setting for 2 to 3 minutes and cook util plantains are hot. Microwave settings may vary and heating time may require adjustments.

MICROBIOLOGICAL & CHEMICAL INFORMATION

	A. mesophiles	E. coli	Listeria M	F. coliforms	Salmonella Spp	S.
Microbiological	1x10 ⁷ cfu/g	Negative	Negative	≤10 cfu/g	Negative.	aur
Chemical	Pesticides			Heavy Metals		
	According to the limits of pesticides in Food CODEX 32 meeting			Arsenic, lead, cadmiun, mercury, copper, according to the limits of pollutants CODEX STAN 193-1995		

PACKAGE INFORMATION

Case pack:	12 x 2 lb	
Net weight pack:	24 lb (10.89 kg)	Gross Weight pack: 24,72 lb (11.21 kg)
Production Code:	PRO: DD/MM/YYYY EXP: DD/MM/YYYY LOT: 000 0120	
BAG		
Bag type/Material:	Low density polyhetylene. Thickness 2,5μ	
CASE		
Material:	Kraft carton / Corrugado C/	

PRODUCT SPECIFICATIONS

Color:	Yellow
Lenght:	15 - 20 cms
Diameter:	2,8 – 3,5 cms
Unit Weight:	165 - 180 gr
Unit per bag:	5
Net weight bag:	2 Lbs, 0,908 kg / 32 oz
Flavor:	Sweet
Smell:	Characteristic smell of sweet plantain
Consistency:	Soft
Brix:	Process: 30° - 32° Packaging: 36° - 38°
Uniformity:	1,5%

PRODUCT DEFECTS

Kind	Definition	Unit of measure	Tolerance
Raw:	Little sections of the slices uncooked	%	10%
Cumpled:	Two slices cumpled together		
Soft:	Soft plantain		
Broken:	Incomplete ripe plantain		

Nutrition Facts/ Información Nutricional	
Serving per container / Porciones por envase: Aprox. 5	
Serving size 1 unit / tamaño por porción 1 unidad (181.6 g / 6.4 Oz)	
Amount per serving / Cantidad por porción	
Calories / Calorías	336
% Daily Value* / % Valor Diario*	
Total Fat / Grasa Total 0g	0%
Saturated fat / Grasa Saturada 0g	0%
Trans fat / Grasa Trans 0g	
Cholesterol / Colesterol 0 mg	0%
Sodium / Sodio 173mg	9%
Potassium / Potasio 1035 mg	37%
Total Carbohydrate / Carbohidratos Totales 64.2g	26%
Dietary Fiber / Fibra Dietética 8.2g	
Total Sugars / Azúcares Total 54.6g	40%
Protein / Proteína 3.8g	
Vitamin A / Vitamina A	2%
Vitamin C / Vitamina C	23%
Vitamin D / Vitamina D	0%
Calcium / Calcio	1%
Iron / Hierro	58%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice / *El % de Valor Diario (VD) le indica cuánto contribuye un nutriente en una porción de alimentos a una dieta diaria. 2.000 calorías por día se usan para consejos generales de nutrición	

Elaborado por: 	Revisado por: 	Aprobado por:	Fecha Actualización:
Ing. De Alimentos	Departamento de Calidad	Gerencia	1 Feb 2025.